



in Stride...

Dedicated to providing our community a supportive and inclusive environment that recognizes individual strengths, fosters respect for self and others, encourages social responsibility and promotes life-long learning.

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Burnaby, B.C. V3N 1T4
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www.stride.sd41.bc.ca

Principal : Ms Jennifer Griffin
Head Teacher: Ms Olwen Cowan
Coordinator: Ms Maria Jácome

NEWSLETTER

ISSUE # 2

2016.09.29

IMPORTANT DATES:

October 3rd - 7th

Walk to School Week
(Walk & Wheel School-Wide Event, October 7th)

Wednesday,
October 12th
Photo Day



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Parents as Partners
6:00 - 8:00 p.m.



Monday, October
10th
Thanksgiving Day Holiday

Friday, October ???
Community Council Meeting
9:15 a.m.

Friday, October 21st
PRO-D DAY
STUDENTS DO NOT ATTEND

Thursday, October 27th
Family Hallowe'en Dance
Time: TBA

Monday, October 31st
Hallowe'en Events
& Activities 

~
Assembly - 10:00 a.m.

PRINCIPAL'S MESSAGE

Building Lifelong Skills and Characteristics- Our Approach

We had the pleasure last year of welcoming many of you into the school as part of our "Parents as Partners" series. As well, Stride staff joined the many partner groups that work with us for a joint Pro-D day in June, to discuss how we can work together to better support our students and our community. What became clear through these conversations with parents, staff and our community partners is that we ALL want the same thing for our students. When asked the question "what skills and characteristics do you want your child/ student to develop in their time at school" EVERYONE SAID THE SAME THINGS! It was quite profound to discover this, and even more exciting given that our re-designed BC Curriculum specifically addresses these important skills.

As a result of discovering the common goals we all share, Stride's staff worked together to re-imagine our monthly themes. As a result, the following table indicates the month by month themes for this year:

September	Our Strengths, Passions, Talents and Gifts- Who Are We?	February	Curiosity
October	Growth Mindset/ The Power of Positive Thinking	March	Hopefulness/ Optimism
November	Creativity	April	Problem Solving
December	Empathy/ Compassion	May	Fun/ Humour
January	Happiness/ Joy	June	Cooperation

You will see these "themes" each month in various ways around the school, which may include at our assemblies, on the Gallery bulletin boards, on classroom bulletin boards, in our newsletter, on our website, and on the weekly announcements. We are excited to see what activities and experiences may emerge and the new possibilities that may be created with this direction!

Also, don't forget our Parents as Partners series will continue this year! Two evening dates (October 12th and November 30th) have been set. Details will be coming out soon!

Happy October!

Ms. Griffin

New Coordinator - Maria Jácome

It is a real pleasure coming to Stride Avenue as the new Community School Coordinator. Thank you for being such a welcoming community, If you have any ideas for events you would like to plan, please stop by my office. I look forward to a wonderful year together!

Stride Out-of-School Programs*

Program information was sent home in mid-September and out-of-school programs will be starting during the next few weeks. *Please note that some programs are offered for specific groups of students. Please call Philippa McLouglin, Youth Connect Worker at 604-760-6832 for further information.

Safety Before Convenience

With each new school year, we like to remind parents about our parking lot regulations in order to ensure our students' safety. Parents are asked to drop their children off on the north side of 14th Avenue in the signed 15 minute area east of the parking lot entrance or on the south side of Stride Avenue by the field. Our parking lots are designated for staff members only and there is not enough space for parents to park or drop off when bringing children to school. It is also very unsafe for students to be walking through the parking lot as staff members are arriving and trying to park. Thank you for your cooperation.



Student Supervision

Please be aware that, unless your child is in a programmed out-of-school activity, registered at the Stride Daycare, or occasionally working after school in class (with their teacher's permission), student supervision before 8:55 and after 3:00 is a parent/guardian responsibility. Staff members are only available to supervise during school hours and we ask that you please arrange for your children accordingly. Please note that older siblings attending Byrne Creek do not arrive on time for our dismissal. Your cooperation is appreciated.

StrongStart Early Learning Centre

Free drop-in program for parents, grandparents and caregivers with children from birth to 5 years old. Monday to Friday, 9:00 - noon, Room 10. Everyone welcome, snacks provided.



Fruit and Vegetable Snack Program

We are once again pleased to offer the BC School Fruit and Vegetable Snack Program. This Program runs throughout the school year and offers a snack 13 times this school year. Please contact Maria Jácome at 604-838-6280 if you do not want your child to participate or if you have any questions about the program. Please let your child's classroom teacher know if they have any fruit or vegetable allergies.

Flu Season is Coming

PLEASE KEEP YOUR CHILD HOME FROM SCHOOL IF HE OR SHE IS NOT FEELING WELL.



Each year an influenza vaccine is developed to protect against expected flu strains and it is recommended that everyone receive it. Listed below are some of the people who qualify for free vaccines:

- Children and adults with chronic medical conditions
- People who live with seniors, adults or children with chronic medical conditions
- Healthy children between the ages of 6 - 23 months and their household contacts
- Pregnant women in their 3rd trimester.

For further information call your local health unit.

A Message From Your School Nurse
www.fraserhealth.ca click on "Health Topics" to find School Health Resources.



Thank you Stride Volunteers

Special thanks go to our volunteers Joe and Linda who kept the Cobbs Bread Distribution going all summer. Thanks also go to Bal, Colleen, Francine, Shelley, Victoria, Linda, Joe and Gwen who helped out with our Spirit Day, our Community BBQ, our Costco/Cobbs Bread days and Slushie/Popcorn days. Special thanks to the Lions Club for generously donating their



time, hot dogs and support of our food program. Also huge thanks to Costco and Cobbs for their ongoing support of our food programs. All are very much appreciated!

**Walk to School Week: October 3rd - 7th:
Practice Safe Pedestrian Skills:**

- **If there is no sidewalk, always walk facing traffic** using the outside edge or shoulder of the roadway so you can see oncoming vehicles and drivers can see you.
- **Dress to be seen.** Bright and fluorescent clothing make it easier for drivers to see you in daytime. Use reflective material for when vehicle lights are in use at dawn, dusk, and in daytime poor weather. Strips can be placed on clothing and backpacks.



Steps to crossing safely:

- **STOP** before stepping onto a road, driveway or lane. Stay away from the road edge.
- **LOOK** all directions, left-right-left and over your shoulder for vehicles that may be turning.
- **LISTEN** for approaching vehicles that aren't visible, but could be coming from a driveway, around a corner or over a hill.
- **MAKE EYE CONTACT** with drivers every time. Pedestrians often think if they can see the driver, the driver can see them, but bad weather in particular can obscure vision.
- **CHECK** that a vehicle has stopped before crossing in front of it.
- **KEEP LOOKING** both ways and ensure approaching vehicles stop as you cross multi-lane roads. Another vehicle may pass or go around a stopped one.



Parks and Rec Pre-School Programs

Pre-school programs at Stride will be running on Monday, Wednesday and Friday mornings. There is also a free "Get Ready for Preschool" program being offered by Parks and Recreation for children ages 24 - 40 months. For more information, call 604-297-4831.



Hallowe'en Activities

All children are invited to dress in their favourite costume for Hallowe'en on October 31st.



Stride Avenue Community Council

Imagine the possibilities...when parents and local residents become involved in their Community School as volunteers, participants, program instructors or members of the Community Council to create a centre of growth and learning. We would love to see you at our next Council Meeting on Monday, October 17th at 9:15 a.m. in the Community Room. Meeting times were decided on at the Annual General Meeting in September. New Executive Council Members are as follows:

Chair: Rafaela Urbina

Vice-Chair: Shelly Jir

Treasurer: Zulikha Baloch

Secretary: Gwenn Suehn

Fundraising Chair: Open

If you are able to help fill the Fundraising Chair position please email Maria at maria.jacome@sd41.bc.ca.

Community Council Meetings 2016-2017 - Fridays:

October 14 th	9:15
November 18 th	9:15
December TBA (Pot-Luck Luncheon)	11:30
January 13 th	9:15
February 10 th	9:15
April 7 th	9:15
May 19 th	9:15
June 16 th	11:30
(Pot-Luck Luncheon)	



Help Wanted

Parent Volunteers are needed for Popcorn and Slushie Days on Fridays. Jobs include preparation Friday mornings at 9:15 and bagging popcorn, serving slushies and cleaning up from 1:00 - 4:00. Training will be provided. Please see Maria in the Community Room Office if you are able to help.

Burnaby Recreation Credit Program

The Recreation Credit program is available to Burnaby families who are in financial need. The credit is \$189.00 per family member and is valid for one year from the date you apply.

You can use your credit for any Parks, Rec and Cultural Services programs or to purchase a punchcard or pass for swimming, skating, fitness classes or weight rooms.

The Community Office can help you with your application or renewal. To see if your credit has expired call Edmonds Centre at 604-297-4838.

Help your Child Succeed in Reading



Did you know that children who read at home do better in school? Make sure your child is a reader:

- Set time aside for reading every day. Like other skills, reading improves with regular practice.
- Read to your child. Listening to stories helps preschoolers get ready to read and helps school-aged children develop their reading skills.
- Set a good example. Read on your own in the language of your choice and talk to your kids about what you're reading.
- Make books a big part of your life. Read them everywhere - at home, in the car, on vacation, in the park. Librarians can help you find good books.
- Get your child a Burnaby Public Library card. It's Free!



Burnaby Public Library's Fresh Start 2016

In celebration of our 60th anniversary, Burnaby Public Library want you to "Be Curious..." and start borrowing again! Here's an opportunity to have the overdue fines owing on your library account waived. Visit the service desk of any Burnaby Public Library branch between Monday, September 19 and Sunday, October 2, 2016, and we will waive the late fees currently owing on your library account, up to a maximum of \$100. This is a one-time special amnesty for fines accrued prior to September 19, and is only

valid between September 19 and October 2, 2016. For more information contact the Tommy Douglas Library or call 604-522-3971.

www.bpl.bc.ca/kids



Healthy Kids Preschool Fair

Come meet and chat with community health professionals about your child's growth and development and receive information on vision, speech, dental, health and nutrition. Visit the displays, police car, fire engine, face painting and art station, fish pond, healthy snack room and much more...there are so many activities for your preschooler to see and do, you won't be able to keep up!

Thursday, October 6th 9:30 - 11:30 at Edmonds Community Centre, 7433 Edmonds Street, Burnaby. **Free admission!**

Call 604-297-4838 for more information.

Girl Guides

At Girl Guides, girls 5-17 make new friends while exploring the arts, sciences, outdoors, global issues and gaining skills that last a lifetime. Some of the amazing activities girls do in Guiding include: camping, hiking, community service projects, arts and crafts, tree planting, selling cookies, building cool gadgets, scavenger hunts, earning badges for accomplishments and so much more. There is currently space available in the 2nd New Westminster Sparks unit (for girls aged 5 & 6) which meets at the Connaught Heights Elementary School gym on Tuesdays from 6:15-7:15 PM. There is also still space in some of the other New Westminster units for older girls. To find a unit near you or to register, visit register.girlguides.ca/web/.

<p>BOARD OF EDUCATION BURNABY SCHOOL DISTRICT 41</p>	<p>これはたいせつなお知らせです。 どなたかに日本語に訳してもらってください。</p>	<p>اطلاعات مهم و سودمند لطفاً از یک نفر بخواهید که برای شما ترجمه کند</p>
<p>IMPORTANT INFORMATION PLEASE HAVE THIS TRANSLATED</p>	<p>알려드립니다 이것을 번역해 주십시오</p>	<p>ITO AY MAHALAGANG IMPORMASYON Isalin sa wikang tagalog kung hindi maintindihan</p>
<p>RENSEIGNEMENTS IMPORTANTS Prière de les faire traduire.</p>	<p>CHỈ DẪN QUAN TRỌNG Xin nhờ người dịch hộ</p>	<p>يرجى ترجمة هذا معلومات هامة</p>
<p>重要資料 請找人為你翻譯</p>	<p>ਜ਼ਰੂਰੀ ਜਾਣਕਾਰੀ ਕਿਰਪਾ ਕਰਕੇ ਇਸੇ ਕੋਲੋਂ ਇਸ ਦਾ ਉੱਲਾ ਕਰਵਾਓ ।</p>	<p>ВАЖНАЯ ИНФОРМАЦИЯ Переведите это, пожалуйста.</p>
	<p>INFORMACIÓN IMPORTANTE Busque alguien que le traduzca.</p>	